

2019

The Power and Potential of an Aging Nebraska

Julie L. Masters

Christopher M. Kelly

Follow this and additional works at: <https://digitalcommons.unomaha.edu/cparpresentations>



Part of the [Demography, Population, and Ecology Commons](#), and the [Public Affairs Commons](#)

The Power and Potential of an Aging Nebraska

Julie L. Masters, PhD

Christopher M. Kelly, PhD

Department of Gerontology

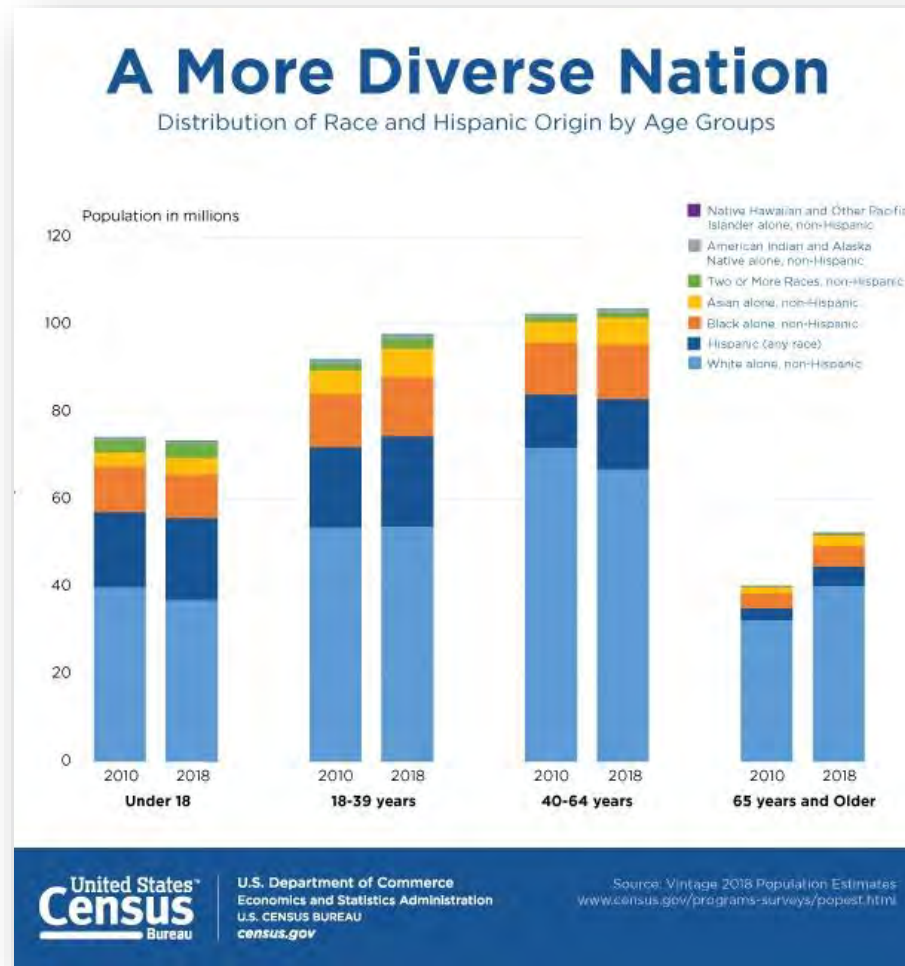
College of Public Affairs and Community Service

Since 1972, working for the future. We're Ready – Are You?

@UNOGerontology

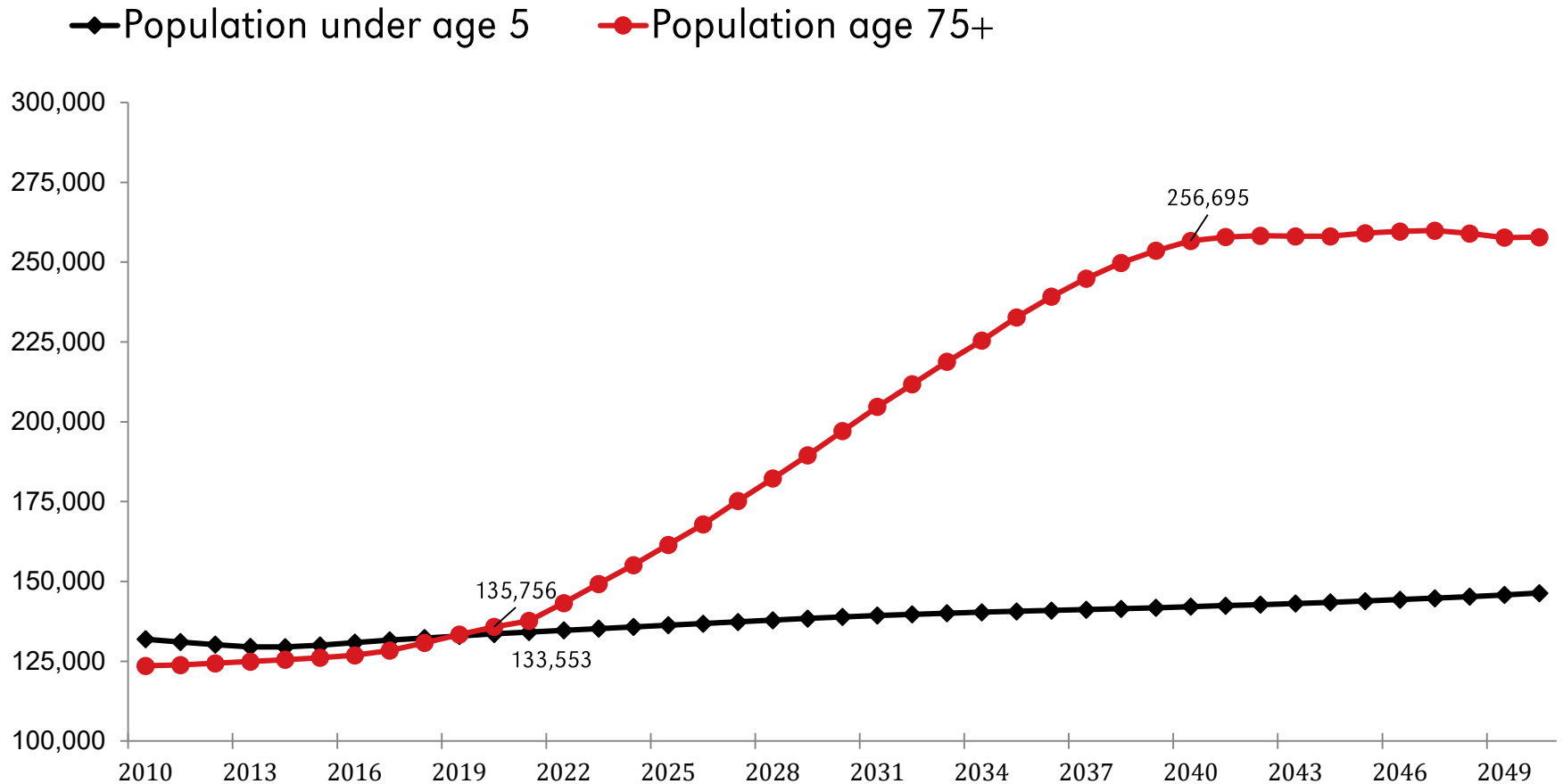


Aging in the United States



In 2019 the population of 75+ surpassed the population under age 5

Projection of Nebraska population for select age groups 2010 - 2050



Rethinking our views on aging

60 years of potential – If you've seen one older adult

20th Century View of Aging
Aging and Disease are Synonymous



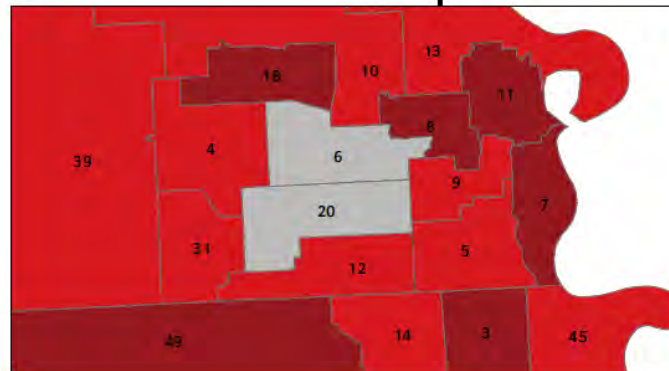
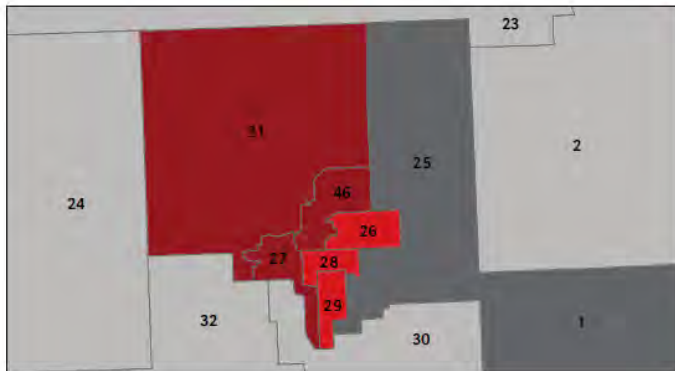
21st Century View of Aging
Aging is a process, not an event



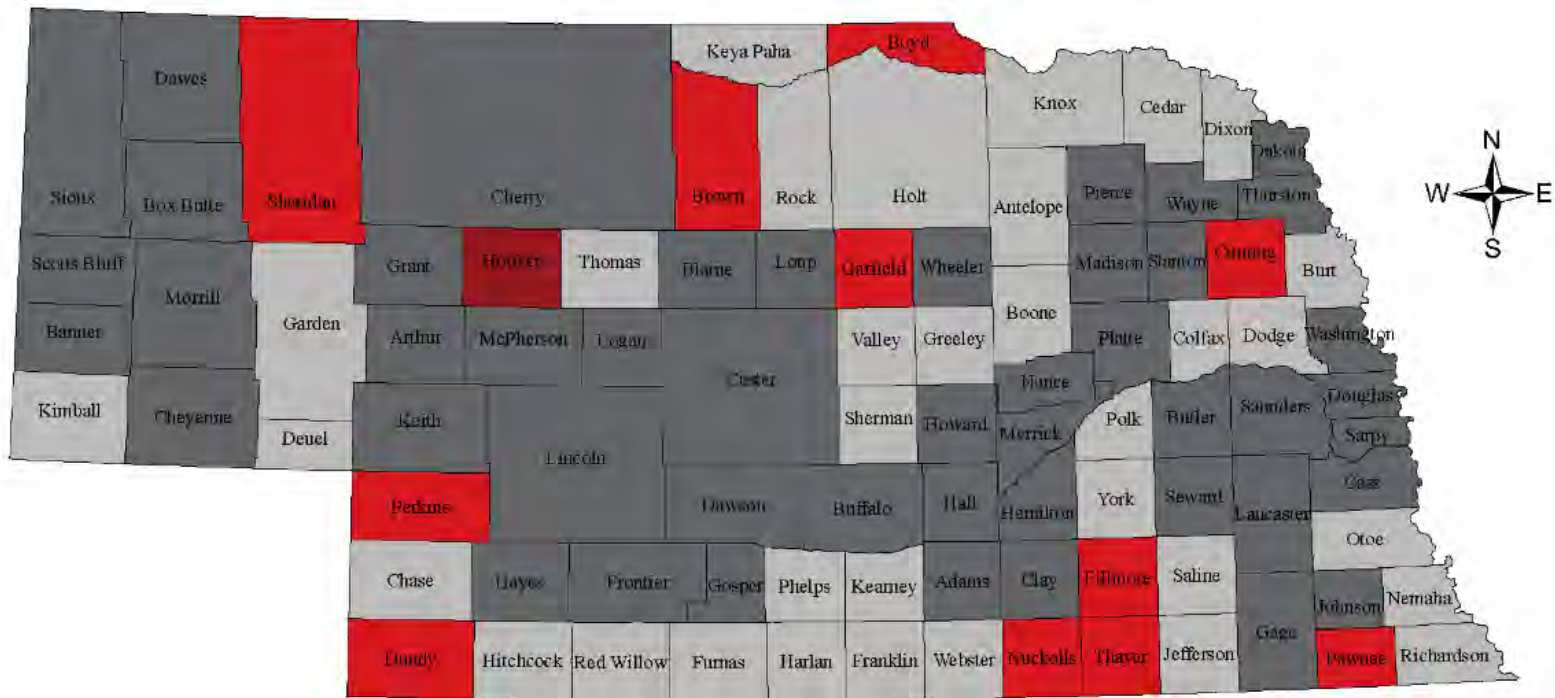
Percent of population age 65 or older

Nebraska legislative districts, 2017





Less than 10% (9)
 10 - 14% (17)
 15 - 19% (15)
 20% or more (8)



Percent change in 85 and older population *2010 – projected 2050*



Note: Nebraskans age 85 and older are projected to increase 163.4% from 2010 to 2050.

-  Decrease (1 county)
 Increase of less than 50% (11 counties)
 Increase of 50 to 99.9% (34 counties)
 Increase of 100% (a doubling) or more (47 counties)

Heterogeneity of Aging

- **Young-Old (persons 65-74)**
 - Still working (placeholder)
 - Still driving & getting around community
 - May be caring for an aging parent (85 + group)
- **Old (persons 75-84)**
 - Still driving
 - Keeping up home
 - Working full or part-time (Dr. Tom Osborne)
- **Oldest-old (persons 85 +)**
 - May be caring for spouse
 - May be facing effects of chronic conditions
 - May still be working (Warren Buffett)

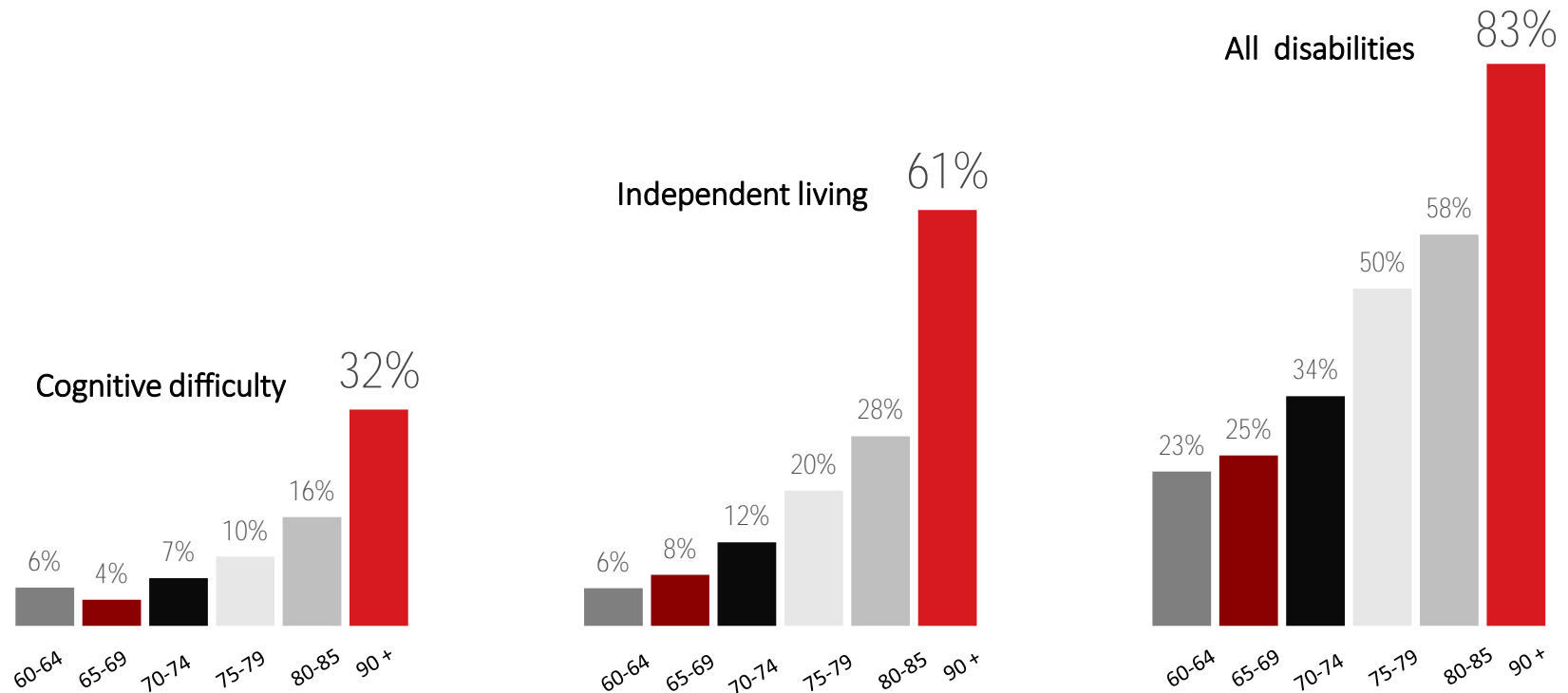


Bernice Neugarten, Ph.D.
Norfolk, NE native



Aging and Disability Are Not Synonymous

Nebraskans living in households with a disability, including, vision, cognitive, ambulatory, self-care, independent living and hearing



Looking into the Future | Four ideas for Nebraska

Agricultural Opportunities

Aging Across the Lifespan

Quality of Life

The value of aging after 60

Workforce Initiatives

Working Beyond 60

Rural Health, Rural Decisions

What do people want?



Nebraska Farmers and Ranchers

- 46,332 primary producers in 2017
- 57.8 average age of farmer/rancher
- 64% of farmers/ranchers in Nebraska are 55 and older

Age	Number	%
<25	384	0.8
25-34	3,680	7.9
35-44	5,161	11.1
45-54	7,483	16.2
55-64	13,922	30.0
65-74	10,157	21.9
75+	5,545	12.0
Total	46,332	

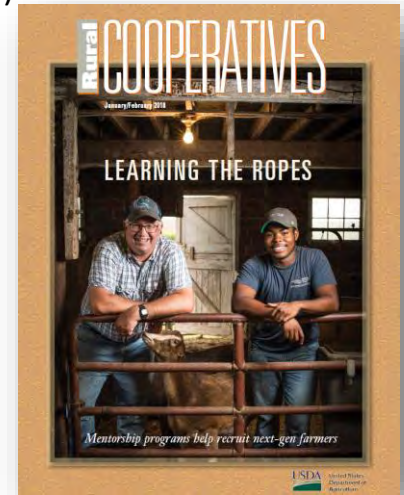


Agricultural Opportunities – Farming and Ranching Across the Lifespan

USDA -Beginning Farmer, Rancher Development Programs

(291 programs across the US. 6 were singled out as exemplars, 3 in the region)

- Mentoring younger farmers and ranchers
- Teaching skills and resiliency (both)
- Model states: Minnesota, Wisconsin, Iowa
- 5 Grant Awardees in Nebraska



Screengrab (USDA – Rural Cooperatives)



Workforce Initiatives – Working Beyond 60

- Aging entrepreneurs are on the increase while younger entrepreneurs are on the decline (Forbes, 2019)
- How can Nebraska draw on existing talent?
 - Global Coalition on Aging – Silver Economy
 - WISE – Seniors in Business
 - Global Institute for Experienced Entrepreneurship
 - e² ENTREPRENEURIAL ECOSYSTEMS – Lincoln, NE
- The need for trained aging professionals
 - Social, medical, legal, financial and others
 - Do positions reflect the current educational offerings?

22% of Nebraskans over age 65 are in the workforce. **74%** of 55-64 year olds the **2nd** highest rate in the county

Quality of Life – The Value of Life

- Arts programming
 - Art for Life in North Dakota
 - Arts and Aging in Missouri
 - OMA – Rose Blumkin Home – arts and dementia
 - Makerhood District (MCC)
- Education
 - Internet and Computer Literacy (DO Space, Extension, OLLI, AAAs)
- Community
 - Intercultural Senior Center
 - Geezers, Gulpers and Gardeners (North Carolina)
 - Master Gardeners



Rural Health, Rural Decisions

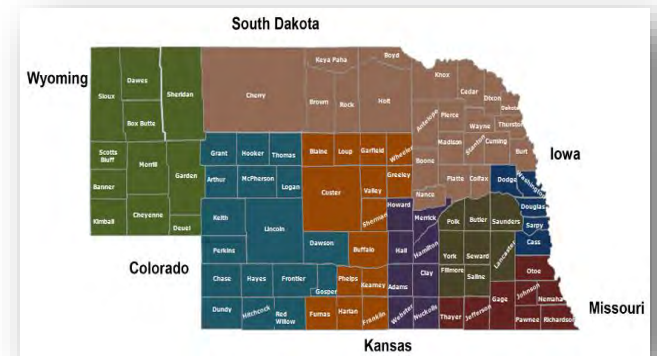
10% of
those over 65,
living in a rural
county, are in
poverty

Area Agencies on Aging – in place and in motion

- Juniper – Your Health. Your Community. (Metropolitan Area Agency on Aging / Arden Hills, MN)
- Mobile Farmers' Market (Central Plains Area Agency on Aging / Wichita, KS)
- Personal Financial Participation in Valuable Programs (Northeast Iowa Area Agency on Aging / Waterloo, IA)

Local Decisions – the Role of the Aging Network

- Nebraska Association of AAAs (620 in US)
 - In place – offering services in five core areas:
 - Elder Rights – abuse prevention and LTC Ombudsman
 - Caregiver Support – education and respite
 - Nutrition – meal sites, home delivered meals
 - Health and Wellness – exercise and screenings
 - Supportive Services – I&A, in-home, homemaker/chore, transportation, care management, home modification, legal services

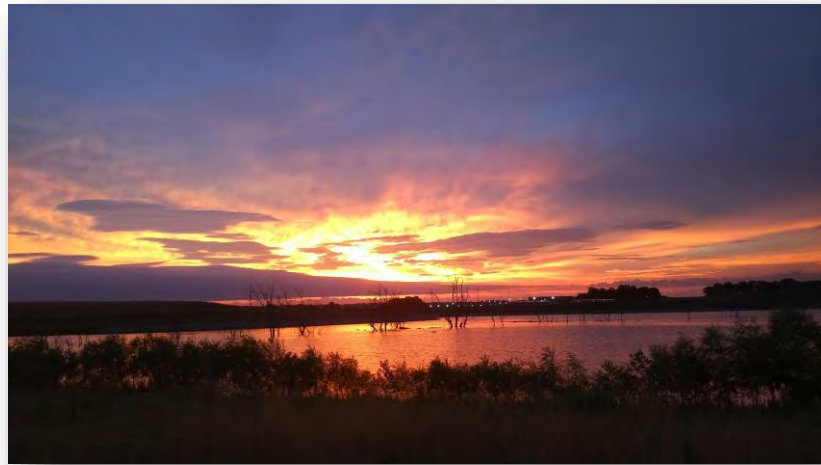


Map Source: Nebraska Association of Area Agencies on Aging

Best States to Retire in 2019

Nebraska May Be for Everyone...

1. Nebraska
2. Iowa
3. Missouri
4. South Dakota
5. Florida
6. Kentucky
7. Kansas
8. North Carolina
9. Montana
10. Hawaii



Prairie Queen Recreation Area – Sarpy County, USA

Looking into the Future | Four ideas for Nebraska

Agricultural Opportunities

Aging Across the Lifespan

Quality of Life

The value of aging after 60

Workforce Initiatives

Working Beyond 60

Rural Health, Rural Decisions

What do people want?



